Hello! If you are self-isolating, I can help!

My name is ……………………………………………………….

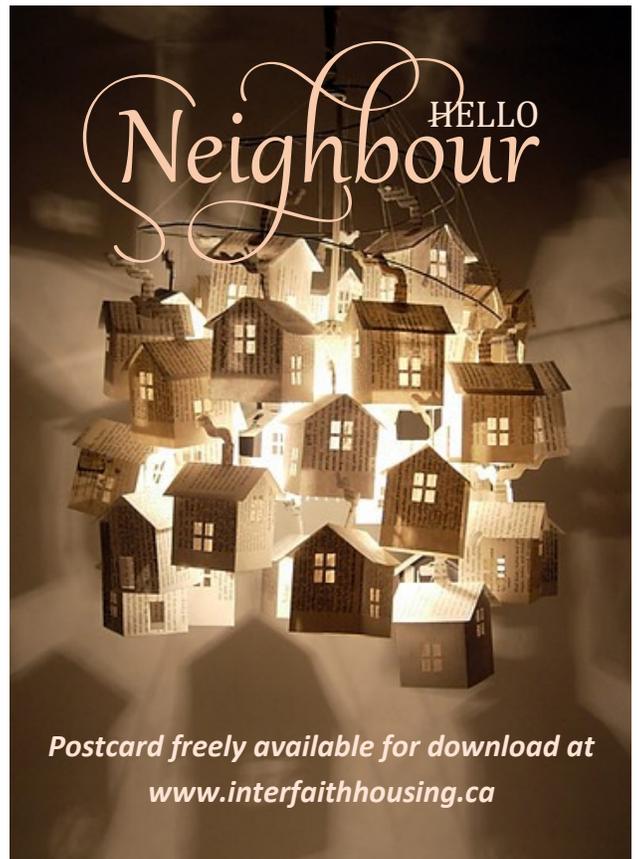I Live locally at ………………………………………………..

My phone number is …………………………………………..

If you are self-isolating due to COVID 19, I can help with:
- ◊ Running errands
- ◊ A friendly phone call
- ◊ Urgent Supplies
- ◊ Prayer
- ◊ Other……………………………………………………..

Just call or text me and I will do my best to help you
(for free)

Coronavirus is contagious. Please ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash hands regularly. Items should be left on your doorstep. #viralkindness

HELLO
Neighbour

Postcard freely available for download at www.interfaithhousing.ca